

# Balance your life with our elemental touch

The four elements are ubiquitous.

The formation of these four elements: earth, water, air, and fire are essential to our life and our wellbeing, which go beyond physical traits and energetic forces. The aim of 'Wellness Capital', the mother company, is to awaken all the elemental cells that lie sleeping within our bodies in a traditional and holistic approach.

"AKEE" is a Thai terminology that denotes 'fire'. In the same regard, we wish to provide warmth, light, and internal energy to our respected customers. For this reason, we meticulously created our signature Hot Volcanic Stone massage, which is an adapted technique from ancient dynasty that aims at boosting blood circulation to detoxify the body, relieve stress, and promote balance between physical wellbeing and mindfulness.



"Balance your life with our elemental touch".

# Akee Spa by Wellness Capital



# SIGNATURE MASSAGE

90 Minutes / 3,200 THB 120 Minutes / 3,900 THB

### AKEE SPA GOLD MASSAGE

Our most popular signature massage is a mixture between warm oil and 24 carat gold designed to nourish the skin leaving it as smooth as a new born. This massage is a fusion between Thai and Swedish practices in combination with Himalayan hot stones, an innovative unique technique only at Akee Spa. This treatment aims to relax muscles whilst promoting balance to the body and soul.

## **BAMBOO HOT STONE**

90 Minutes / 3,000 THB 120 Minutes / 3,500 THB

This special technique derives from an ancient practice. Bamboo culm is used as a massage tool to gently push our special aromatic oil to the skin; maximising



the absorption of the inner skin layers, improving blood circulation as well as relieve any tension stored in the muscles. Rare volcanic hot stones from Japan are also used in the process to add warmth and help calm the body.

## FOUR ELEMENTAL TOUCH

60 Minutes / 3,500 THB | 90 Minutes / 4,500 THB



Two skilled therapists spent hours training to synchronize into one; as they simultaneously use Lomi Lomi and Balinese massage techniques from head to toe with a smooth rhythm imitating ocean waves. During

the massage, your eyes will be pampered with a warm eye mask to relieve eye fatigue, then finishing with a head massage for a total full-body relaxation.

## AKEE AROMATHERAPY MASSAGE

60 Minutes / 1,900 THB 90 Minutes / 2,500 THB 120 Minutes / 3,000 THB

A unique aromatherapy oil massage using a fusion method between Thai and Swedish traditions to promote balance to the body and mind. Our special oil is specifically formulated to nourish, rejuvenate, and calm the skin with a unique selection of scents to promote serenity and mental wellness. The Akee Aroma massage is like no others, it is a completely bespoke experience as our skilled therapists will massage according to shape, muscle, emphasized areas.





# ROYAL THAI ACUPRESSURE MASSAGE

90 Minutes / 1,900 THB 120 Minutes / 2,500 THB

The Royal Thai Massage is a technique adopted from the era of King Rama I, which is not common to the public but only of Royal inherence. This Acupressure massage helps fix joints, improve blood flow and regain muscle power. It has also been said that this massage was used before King Rama I set off and won his war. This treatment utilises a combination of several prestigious massage forms and hot compress.

# REFRESHING YOUR JOURNEY

60 Minutes / 1,900 THB

This is otherwise known as the 'Jet Lag' massage; this concept focuses mainly on applying special formulated warm herbal oils on the foot, back, shoulders and head, aiming to maximize relief from fatigue and long journeys. The Thai herbs used are 100% organic and only of natural extracts. This massage emphasises improvement of REM and deep sleep.



## POWER FEET

#### 60 Minutes / 1,900 THB

Akee spa foot care is designed with our specific massage techniques. We apply volcanic hot stones from Japan with aromatherapy oil to pamper and relieve the feet, the pressure applied on the foot can be tailored to your comfort. We use the ancient Gua Sha technique to apply pressure to specific energy points along the feet to boost blood circulation and relieve any pain or internal health issues; such as the digestive system.



## BALANCING ENERGY

60 Minutes / 1,900 THB

This massage combines Thai acupressure techniques with vibrant aromatherapy oil massage

and hot herbal compress. The massage focuses on the back, neck, shoulders, arms until the fingertips. This massage focuses on total body relief and muscle relaxation; a perfect programme for those with office syndrome.

## PAMPERING ARM & HAND

30 Minutes / 1,000 THB

For those with limited time or prefer a shorter session, our arm and hand pampering programme is offers a perfect experience using premium quality scrubs and skincare products. The technique aims at nourishing the skin starting from the arms through to the fingertips, adding moisture and hydration, to achieve silky smooth soft-to-touch arms and hands.

## **BODY MASSAGE**

#### DEEP TISSUE MASSAGE

90 Minutes / 2,800 THB | 120 Minutes / 3,300 THB

Focusing on specific deep tissues and tendons, this massage programme caters to those who suffer from body aches resulting from vigorous workouts or extreme physical activities. Our masseuse are well-trained from certified institutions with experiences and knowledge on physiology, who will customize each session to alleviate muscle tension, enhance mobility, reduce stress, and promote overall well-being.

#### **HEAD MASSAGE**

60 Minutes / 1,900 THB

Our technique combines gentle strokes, targeted pressure points, and optional aromatherapy to release tension, alleviate headaches, and promote overall well-being. In a tranquil environment designed for ultimate serenity, this massage not only calms your body but also clears your mind, fostering improved sleep, mental clarity, and stress relief.

# THAI AROMATIC RECOVER

60 Minutes / 1,900 THB 90 Minutes / 2,500 THB

Experience the perfect fusion of traditional Thai massage, aromatherapy, lymphatic detox, and herbal therapy, resulting



in deep relaxation, detoxification, and rejuvenation. Our personalized approach ensures your specific needs are met, leaving you feeling lighter, more balanced, and profoundly revitalized. Whether you seek stress relief, detoxification, or pure indulgence, our program offers a holistic path to enhanced wellness.

## **BODY TREATMENT**

#### **BODY SCRUB**

This is the unique body scrub that features a heated bed during the treatment. Begin the treatment by using warm gloves to clean the skin first, then apply hot oil on the skin, follow with an exfoliating cream and Thai traditional scrub technique. After the cleanse, we will apply our Signature Lotion to leave your skin moisturized and rejuvenated.

#### RED WINE BODY SCRUB

60 Minutes / 1,900 THB

The red wine contains effective antioxidant along with natural shea butter help to nourish skin. Refreshing aroma blend of lime, grapefruit and ginger is used to warm the skin boosting circulation to eliminate toxins.

#### FLEUR DE FLEUR BODY SCRUB

60 Minutes / 1,900 THB



Lotus, hibiscus and frangipani are rich in Alpha Hydroxy Acid (AHA), which are natural skin exfoliators to remove dead cells resulting in softer and firmer skin tone. The natural charcoal scrub deeply cleanses the bad cells without damages the skin epidermis.



#### **BODY WRAP**

The body wrap is aimed for those that need intense hydration. We will nourish the skin by adding high quality moisturizing products onto your skin, then wrap the body on a warm bed to allow maximum absorption. We will then end the experience with our Signature body lotion.

#### DETOXIFYING PHYTO BODY MASK

60 Minutes / 1,900 THB

Polluted environment and stress day may create dangerous toxins on the body. Take your time to pamper your skin with the power of clay mask to deeply cleanse impurities from your skin whilst improving blood circulation and boosting the purification system in our body.

#### ALOE VERA HYDRATING GEL WRAP

60 Minutes / 1,900 THB

Aloe vera is a perfect source for comforting sunburns and wounds, soothes scars as well as encourages skin cycling by bringing oxygen to the cells. Lavender & Chamomile harmonize well to promote serenity and relaxation, leaving the skin smooth and bouncy.



## **FACIAL TREATMENT**

#### **DETOXIFYING FACIAL**

60 Minutes / 2,200 THB

Pamper your face with warm stone massage, drainage techniques, and detox mud mask. Helps to remove impurities on the face and makes the skin glow clean and bright.



#### **GLOWING FACIAL**

60 Minutes / 2,200 THB

The herbal compress and face mask with nourishing cream will stimulate blood circulation on the face, regenerate the skin cells to help brighten the skin leaving it healthier than ever.

#### HYDRATING FACIAL

60 Minutes / 2,200 THB

Take care of your facial skin to be young and gentle by adding moisture to the skin using a gentle steam and gel mask. This will reduce wrinkles and help solve problems of dehydrated skin.

#### REJUVENATE GOLD FACIAL

90 Minutes / 3,500 THB

Gold Facial Treatment is the ultimate facial treatment that will make your face 'literally' glow. This treatment combines high specialty technique massage with the 99.9% golden facial mask.

## SPA PACKAGES

150 Minutes / 3,900 THB

#### **BLISSFUL JOURNEY**

Treat your body. Enjoy a pleasant steam and bubble bath with vitamins and minerals to nourish the skin. Then deeply cleanse the skin with exfoliating scrub, ending the blissful experience with a relaxing aromatherapy massage to balance your body.

- Steam 15 mins
- Bubble bath 15 mins
- Body scrub 60 mins
- AKEE Aromatherapy massage 60 mins

#### WELLNESS CAPITAL DETOXIFIER PROGRAM

The ultimate detox experience. One of our signature packages from our Wellness sanctuary which absolutely detoxes your body from head to toe, promising to leave your mind fresh and bright.

- Body scrub 30 mins
- Body wrap 30 mins
- AKEE Aromatherapy massage 60 mins
- Facial treatment 30 mins

#### AKEE SIGNATURE

This package will create a unique spa experience for you with heat. The balance of your body and mind from our gentle elemental touch.

- AKEE Signature Massage 90 mins
- Facial 60 mins

## SPA PACKAGES

120 Minutes / 3,200 THB

#### YOUNG & BEAUTY

Allow us to show you the holistic way. A healthy and lively appearance is expressed in the body and face. Using high quality skin care for exfoliation, nourishing massage and facial care.

- Body Scrub 30 mins
- AKEE Aromatherapy massage 60 mins
- Facial treatment 30 mins

#### ROYALTHAITRADITIONAL



Allow us to show you the
Thai way. Traditional Royal
Thai massage with acupressure
and hot herbal compresses
followed by a foot massage.

- Royal Thai Acupressure massage 90 mins
- Foot massage 30 mins

#### **HEALING BODY & MIND**

Gentle skin care. We begin by purifying the body, soaking it in a warm bubble bath filled with nourishing vitamins and minerals. Afterwards massage your skin with warm oil specially formulated by AKEE Spa.

- Bubble bath 30 mins
- AKEE Aromatherapy massage 90 mins

## SPA PACKAGES

90 Minutes / 2,700 THB

#### **NOURISHING**

Indulge in a rejuvenating experience that exfoliates, revitalizes, and deeply hydrates your skin, leaving it irresistibly soft and smooth. Our luxurious scrub treatment is tailored to your skin's unique needs, unveiling a healthy, glowing complexion that's ready to shine.

- Body Scrub 30 mins
- AKEE Aromatherapy Massage 60 mins

#### **BOOSTING**

Give your body a treat and let us take care of you from head to toe. When you wake up and walk, you will feel energetic.

- AKEE Aromatherapy
   Massage 60 mins
- Facial treatment 30 mins



#### **ENERGIZING**

Unlock the lock from a working day with a power boost to life. Relieve fatigue from sitting for a long day's work. Take care with a massage and facial skin care at the same time.

- Back & Shoulder massage 30 mins
- Foot massage 30 mins
- Facial treatment 30 mins

## KID'S TREATMENT

#### **COCONUT KID**

60 Minutes / 1,200 THB

Body massage for young children with pure coconut oil, safe and gentle on young children's skin. It keeps the skin healthy and moisturizes the skin well. Non-irritating, relaxing, creating happy memories for your children.



#### **BABY FACE**

30 Minutes / 750 THB

Facial treatment for children using only natural products to gently care for baby's skin. Relax with a facial spa with a variety of natural products such as cucumber, honey, yoghurt. Relaxation is a dream time. An impression that must be shared with friends to try and have fun and enjoy.

#### **HAPPY TOUCHING**

30 Minutes / 750 THB

The beginning of the gentle touch journey, relaxing massage from palm and feet. It helps children to sleep well and wake up refreshed ready to start their next adventure!



#### **LOCATED**

2FL. at JC Kevin Sathorn Bangkok Hotel.

#### RESERVATION

Appointments are necessary for all Spa treatment and are available from 10:00 am to 10:00 pm.

#### ARRIVAL TIME

We recommend that you arrive a minimum of 15 minutes prior to your schedule time. This allows you to check in, change and familiarize with the facility.

#### **CANCELLATION CHARGES**

Should you need to cancel a treatment reservation, we ask you to notify reception at least 2 hours before the scheduled treatment time to avoid any cancellation fees. The cancellation fee if Spa is not notified within 2 hours is 50% of the treatment price.

#### **PRICING**

PAYMENT All prices are quoted in THB and are subject to 10% service charge and 7% Government tax.

#### SPECIAL CONSIDERATIONS

Please advise upon booking for any allergies, or disabilities, especially if you experience high blood pressure or are pregnant, as some services may not be appropriate for you. Please advise reception if you have any health issues or concerns.



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